# MILS Safeguarding NEWSLETTER



December, 2024

#### "Guiding Strong Emotions"

### **How to Handle Violent Behavior in students?**

#### **Tips for Parents**

- Set Clear Boundaries
- Model Calmness
- Encourage Empathy
- Seek Help

#### **Tips for Teachers**

- Record on Guard.
- Stay Calm and Consistent.
- Build Trust.
- Teach Alternatives to express their feelings.
- Collaborate with parents.

### Tips for students to Avoid Violence at School

- Respect Everyone: Treat classmates and staff with kindness and fairness.
- **Stay Calm:** Walk away from heated situations and avoid reacting aggressively.
- Use Words, Not Fists: Talk through problems instead of fighting.
- Be Inclusive: Invite others to join activities and show empathy.
- Choose Positive Friends: Stick with people who encourage good behavior.
- Join Peace Programs: Support school campaigns promoting kindness and understanding.

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#### **Anti-Violence Awareness Campaign**

we aim to cultivate a safe and inclusive school where students can resolve conflicts peacefully and effectively.

#### **Awareness Campaign Activities to Engage Students**



**Guest Speaker** 



**Short Story Poster** 



**Role-Playing Scenarios:**